6-Week Discipleship Intensive: Syllabus & Participant Worksheets

Course Focus: Mastering Biblical Hermeneutics, the Theology of Grace, and Counter-Cultural Discipleship
Structure: 6-Week Interactive Cohort (45–60 Minutes per Session | Table-Group Training Model)

Course Syllabus & Schedule

Week	Module Title	Primary Scripture	Core Objective & Outcome
Week 1	The 3-Step Hermeneutical Method	2 Timothy 2:15; 2 Timothy 3:16–17	Master the disciplines of Exegesis, Hermeneutics, and Exposition to study Scripture with theological precision.
Week 2	The Gospel Foundation: Crucified with Christ	Galatians 2:19–21	Understand complete identity transformation, dying to self-righteousness, and allowing Christ to live through you.
Week 3	The Sovereign Gift	Ephesians 2:8–9;	Examine the

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	of Grace	Romans 5:12–21	boundless nature of grace versus human effort, boasting, and legalism.
Week 4	Embodying Grace & Truth	John 1:14–17; Romans 1:16–17	Navigate the balance of divine truth and radical grace in relationships and witness.
Week 5	Living Faith: Reception & Obedience	James 1:19–27	Conduct exegetical word study on stripping off defilement and welcoming the implanted Word through action.
Week 6	Equipped for Ministry & Multiplication	2 Timothy 3:1–17	Anchor spiritual authority in God-breathed Scripture and establish a personalized disciple-multiplication plan.

Participant Worksheets

Week 1 Worksheet: The 3-Step Hermeneutical Method

Memory Verse: "*All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness...*" — 2 Timothy 3:16

Step	Guiding Question	Your Study Notes & Application
1. Exegesis	What did it mean THEN to the original audience?	*Notes:*
2. Hermeneutics	What is the timeless principle for NOW?	*Notes:*
3. Exposition	How do I TEACH, EXPLAIN, and LIVE this truth?	*Notes:*

Week 2 Worksheet: The Gospel Foundation (Galatians 2:19–21)

Text Focus: "*My old self has been crucified with Christ. It is no longer I who live, but Christ lives in me...*" (NLT)

- **Observation:** What contrasts exist in this passage between the Law and Grace?
- **Identity Check:** In what specific areas of your life are you still striving to earn approval rather than trusting Christ's finished work?
- **Table Discussion Prompt:** How does your daily routine shift when you recognize that "Christ lives in me"?

Week 3 Worksheet: The Sovereign Gift of Grace (Ephesians 2:8–9 & Romans 5:12–21)

Text Focus: "*For by grace you have been saved through faith. And this is not your own doing; it is the gift of God...*"

Passage	Key Theological Truth	Personal Reflection
Ephesians 2:8–9	Salvation as unmerited gift; exclusion of human boasting.	Where am I tempted to take credit for spiritual progress?
Romans 5:12–21	Grace superabounds over sin through the one man Jesus Christ.	How does the abundance of grace eliminate guilt and fear of failure?

Week 4 Worksheet: Grace and Truth in Tension (John 1:14–17)

Text Focus: "*And the Word became flesh and dwelt among us... full of grace and truth.*"

- **Diagnostic Question:** Do you naturally lean more toward "Grace without Truth" (compromise) or "Truth without Grace" (legalism/harshness)?
- **Case Study Application:** Identify one challenging relationship or conversation this week where you need to communicate uncompromising truth while extending Christlike grace.

Week 5 Worksheet: Living Faith & Word Reception (James 1:19–27)

Greek Exegetical Terms: *Apothemenoi* (strip away filthy garments), *Praütēti* (meekness/gentle strength), *Dexasthe* (welcome eagerly), *Emphyton Logon* (implanted Word).

The Three Discipleship Tests	Passage Reference	Action Commitment This Week
1. The Speech Test	James 1:19–20	Practice being quick to listen and slow to speak in moments of tension.
2. The Obedience Test	James 1:22–25	Identify one command from Scripture you will obey immediately rather than just study.
3. The Compassion Test	James 1:26–27	Directly support and serve someone in distress or vulnerability this week.

Week 6 Worksheet: Ministry Equipping & Multiplication (2 Timothy 3:1–17)

Text Focus: "*...so that the servant of God may be thoroughly equipped for every good work.*"

- **Equipping Framework:** How does God-breathed Scripture specifically train you in:
  1. **Teaching (Doctrine):** _____
  2. **Rebuking (Correction of Sin):** _____
  3. **Correcting (Restoration):** _____

4. **Training in Righteousness (Habitual Living):**
   _____

- **Multiplication Plan:** Name two individuals you will personally invest in over the next 90 days using these hermeneutical and discipleship principles:
  - Person 1:
    _____
  - Person 2:
    _____