FAMILY, LEARNERS, SERVANTS, MISSIONARIES

DISCIPLESHIP & SPIRITUAL GROWTH

DISCIPLESHIP IS NOT A BOOK OR A PROGRAM. IT IS THE MEANS FOR SPIRITUAL GROWTH IN WHICH A CHRISTIAN SHARES THE KNOWLEDGE, EXPERIENCE AND PROVEN FAITH WITH ANOTHER CHRIST FOLLOWER.

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DISCIPLESHIP OVERVIEW

SPIRITUAL GROWTH GROUP

This study is designed to guide a believer in Christ with basics of how to follow Jesus daily. Whether you have known Jesus for a few days or 20 years, these concepts will prove beneficial for you.

Too many believers never learn the essential elements of spiritual life such as Bible study and prayer. A lack of consistency and confidence leads to a void in spiritual leadership resulting in a perpetual state of immaturity and ineffectiveness.

This study includes eight sessions based on biblical passages that teach the "blocking and tackling" of the Christian faith. The goal of this material is to help faithful, available and teachable disciples reproduce disciple-makers who know and express the authentic Christ locally, regionally, and around the world.

EXPECTATIONS

1. Consistently spend time with the Lord. We are asking you to meet with the Lord every day during this study. If you miss a day, be extra diligent about getting started again the next day.

2. Memorize one verse a week. A memory verse is assigned for each lesson. (Carry the verse with you in your pocket, tape it to your mirror or dashboard, take a picture of it on your phone and recite the verse every day.)

3. Weekly reproduce something you are learning into the life of another person. We are asking you to begin practicing spiritual leadership immediately. Select something you are learning (from a lesson, a devotional verse or even the memory verse) and teach it to someone else. This can be done with your family, a friend or a co-worker. Each lesson has a passage and questions which are perfect for passing on to another person.

SESSIONS

1. GROW
2. GOD'S WORD
3. CHRIST-CENTERED
4. PRAYER
5. EVANGELISM
6. OVERCOMING SIN
7. ACCOUNTABILITY
8. MULTIPLICATION

APPENDICES

A. MEMORY VERSES
B. 31 DAY BIBLE READING CHALLENGE
C. DAILY BIBLE STUDY IDEAS
D. THE BRIDGE ILLUSTRATION
E. HOW TO SHARE YOUR STORY
F. PULSE ACCOUNTABILITY TOOL

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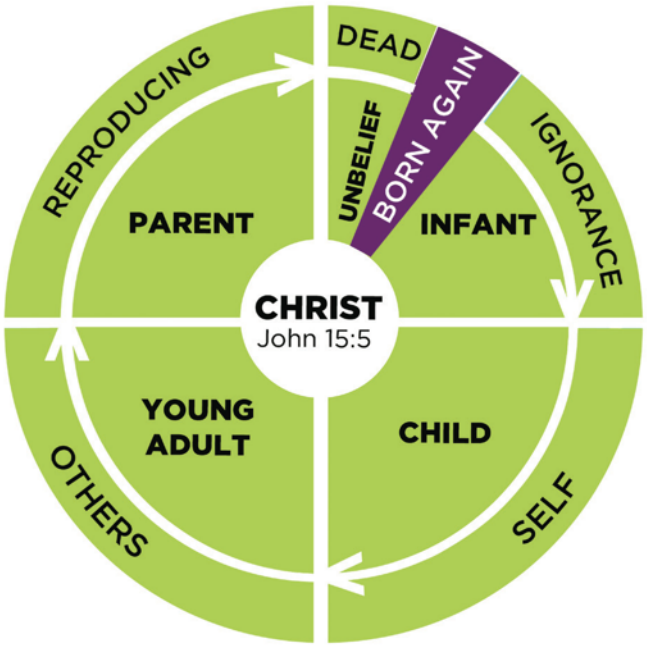
SESSION 1: GROW

THE EXPECTATION OF SCRIPTURE: Spiritual Growth

Hebrews 5:12 – 6:1 :: 12 "In fact, though by this time you ought to be teachers, you need someone to teach you the elementary truths of God's word all over again. You need milk, not solid food! 13 Anyone who lives on milks, being still an infant, is not aquatinted with the teaching about righteousness. But solid food is for the mature, who by constant use have trained themselves to distinguish good from evil. 1 Therefore let us leave the elementary teachings about Christ and go on to maturity."

Colossians 2:6-7 :: 6 "So then, just as you received Christ Jesus as Lord, continue to live in him, 7 rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness."

DISCIPLESHIP WHEEL: Where are you on the wheel? Infant, Child, Young Adult, Parent?



THE GAME PLAN: We will help each other

Proverbs 27:17 :: "As iron sharpens iron, so one man sharpens another."

THE COST: It won't be easy

Luke 9:23-26 :: 23 "Then he said to them all: "If anyone would come after me, he must deny himself and take up his cross daily and follow me. 24 For whoever wants to save his life will lose it, but whoever loses his life for me will save it. 25 What good is it for a man to gain the whole world, and yet lose or forfeit his very self? 26 If anyone is ashamed of me and my words, the Son of Man will be ashamed of him when he comes in his glory and in the glory of the Father and of the holy angels."

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READ TOGETHER:

Luke 8:4-8 :: 4 “While a large crowd was gathering and people were coming to Jesus from town
after town, he told this parable: 5 ‘A farmer went out to sow his seed. As he was scattering the
seed, some fell along the path; it was trampled on, and the birds of the air ate it up. 6 Some fell
on rock, and when it came up, the plants withered because they had no moisture. 7 Other seed fell
among thorns, which grew up with it and choked the plants. 8 Still other seed fell on good soil. It
came up and yielded a crop, a hundred times more than was sown.’”

Luke 8:11-15 :: 11 This is the meaning of the parable: The seed is the word of God. 12 Those
along the path are the ones who hear, and then the devil comes and takes away the word from
their hearts, so that they may not believe and be saved. 13 Those on the rock are the ones who
receive the word with joy when they hear it, but they have no root. They believe for a while, but
in the time of testing they fall away. 14 The seed that fell among thorns stands for those who hear,
but as they go on their way they are choked by life’s worries, riches and pleasures, and they do
not mature. 15 But the seed on good soil stands for those with a noble and good heart, who hear
the word, retain it, and by persevering produce a crop.”

DISCUSS & SHARE:

1. Who is the farmer in the story? What is the seed? What do the soils represent?

2. Describe the four soils (people) in the parable and their reaction to God’s Word.

3. Which soil best describes your heart in regards to God’s Word? Where do you want to be?

4. What do you desire to get out of this R3 group?

CHALLENGE: Spend 31 days in God’s Word (see Appendix B)

MEMORY VERSE: Colossians 2:6-7 (see Appendix A)

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SESSION 2: GOD'S WORD

"Like newborn babies, crave pure spiritual milk, so that by it you may grow up in your salvation, now that you have tasted that the Lord is good." I Peter 2:2-3

THE GOAL: For God's Word to be the theme song of your life

Psalm 119:54 :: Your decrees are the theme of my song wherever I lodge.

THE VALUE: It is a privilege to hear from the Lord

Psalm 119:103 :: How sweet are your words to my taste, sweeter than honey to my mouth!

Psalm 119:72 :: The law from your mouth is more precious to me than thousands of pieces of silver and gold.

THE PROMISE: God's Word is transformative

Hebrews 4:12 :: "For the word of God is living and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart."

Psalm 119:105 :: "Your word is a lamp to my feet and a light for my path."

Psalm 119:9 :: "How can a young man keep his way pure? By living according to your word."

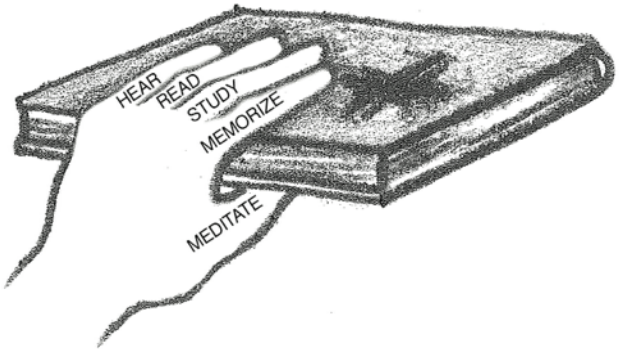
OUR RESPONSIBILITY: Feed on God's Word and obey it

1. Feed on the Word: Read, study, memorize God's Word regularly.
   John 6:35 :: "Then Jesus declared, 'I am the bread of life. He who comes to me will never go hungry, and he who believes in me will never be thirsty.'"

2. Obey God's Word: Come under the authority of God's Word.

   James 1:22 :: "Do not merely listen to the word, and so deceive yourselves. Do what it says."

   Joshua 1:8 :: "Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful."



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READ TOGETHER:

Matthew 7:24-27 :: 24 “Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. 25 The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock. 26 But everyone who hears these words of mine and does not put them into practice is like a foolish man who built his house on sand. 27 The rain came down, the streams rose, and the winds blew and beat against that house, and it fell with a great crash.”

DISCUSS & SHARE:

1. How are the wise man and the foolish man similar?

2. What makes them different?

3. Hearing the word of God is not the key factor in the story; what is the determining factor?

4. How are you doing on getting God’s word into your life?

5. How are you doing in obeying God’s word?

CHALLENGE: Continue the 31 Day Challenge, and strive to make daily application in your personal life. (See Appendix B.)

MEMORY VERSE: Psalm 119:9 (see Appendix A)

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SESSION 3: CHRIST-CENTERED

"For by him all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things were created by him and for him. He is before all things, and in him all things hold together." Colossians 1:16-17

WE ARE CALLED: to focus our lives on Jesus

He is our top priority!

Hebrews 12:1-2 :: 1 Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us. 2 Let us fix our eyes on Jesus, the author and perfecter of our faith, who for the joy set before him endured the cross, scorning its shame, and sat down at the right hand of the throne of God."

WE ARE CALLED: to abide in Christ

Being comes before doing. We don't produce fruit, we bear it.

John 15:5 :: "I am the vine; you are the branches. If a man remains in me and I in him, he will bear much fruit; apart from me you can do nothing."

Psalm 42:1-2 :: 1 "As the deer pants for streams of water, so my soul pants for you, O God. 2 My soul thirsts for God, for the living God. When can I go and meet with God?"

WE ARE CALLED: to live dependently on the Lord

We can't, but He can! The Holy Spirit lives within us and is the key to godliness!

John 16:13-15 :: 13 "But when he, the Spirit of truth, comes, he will guide you into all truth. He will not speak on his own; he will speak only what he hears, and he will tell you what is yet to come. 14 He will bring glory to me by taking from what is mine and making it known to you. 15 All that belongs to the Father is mine. That is why I said the Spirit will take from what is mine and make it known to you."

Romans 8:26-27 :: 26 "In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us with groans that words cannot express. 27And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for the saints in accordance with God's will."

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READ TOGETHER:

John 15:1-5 :: 1 I am the true vine, and my Father is the gardener. 2 He cuts off every branch in me that bears no fruit, while every branch that does bear fruit he prunes so that it will be even more fruitful. 3 You are already clean because of the word I have spoken to you. 4 Remain in me, and I will remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me.”5 “I am the vine; you are the branches. If a man remains in me and I in him, he will bear much fruit; apart from me you can do nothing.”

DISCUSS & SHARE:

1. Break down the illustration from the passage (gardener, vine, branch, fruit). What is the passage saying about our spiritual life?

2. What does it mean to “remain in Christ”?

3. What happens if we don’t remain in Christ?

4. In your personal life, what are the obstacles to keeping Christ at the center?

CHALLENGE: Continue to establish a daily devotional time:

- Set an appointment with God and keep it
- Pick a consistent place that is quiet and distraction-free
- Read from the scriptures (31 Day Challenge - Appendix B)
- Spend time in prayer (ACTS Prayer method - see Session Four)
- Journal your devotional time. Write thoughts down about the scriptures, prayer requests, your heart condition...

MEMORY VERSE: John 15:4-5 (see Appendix A)

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SESSION 4: PRAYER

"Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed." Mark 1:35

INSTRUCTION ON PRAYER:

Matthew 6:5-8 :: 5 "And when you pray, do not be like the hypocrites, for they love to pray
standing in the synagogues and on the street corners to be seen by men. I tell you the truth, they
have received their reward in full. 6 But when you pray, go into your room, close the door and
pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will
reward you. 7 And when you pray, do not keep on babbling like pagans, for they think they will
be heard because of their many words. 8 Do not be like them, for your Father knows what you
need before you ask him."

• We are expected to pray

• Pray to connect with God, not to be seen by men (internal connection vs. external action)

• God is concerned with our heart in prayer, not our word count, nor eloquence

HOW TO PRAY: Prayer is not natural and is a learned skill

Matthew 6:9-13 :: 9 "This, then, is how you should pray: 'Our Father in heaven, hallowed be
your name, 10 Your kingdom come, your will be done on earth as it is in heaven. 11 Give us today
our daily bread. 12 Forgive us our debts, as we also have forgiven our debtors. 13 And lead us not
into temptation, but deliver us from the evil one.'"

THE ACTS PRAYER METHOD:

ADORATION	spending time praising God for who He is
CONFESSION	spending time admitting your sins to the Lord – asking forgiveness
THANKSGIVING	spending time thanking God for what He has done
SUPPLICATION	spending time praying for others and yourself – asking God for specific needs

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READ TOGETHER:

Acts 12:1-17 :: 1 “It was about this time that King Herod arrested some who belonged to the church,
intending to persecute them. 2 He had James, the brother of John, put to death with the sword. 3 When he
saw that this pleased the Jews, he proceeded to seize Peter also. This happened during the Feast of
Unleavened Bread. 4 After arresting him, he put him in prison, handing him over to be guarded by four
squads of four soldiers each. Herod intended to bring him out for public trial after the Passover. 5 So Peter
was kept in prison, but the church was earnestly praying to God for him. 6 The night before Herod was to
bring him to trial, Peter was sleeping between two soldiers, bound with two chains, and sentries stood
guard at the entrance. 7 Suddenly an angel of the Lord appeared and a light shone in the cell. He struck
Peter on the side and woke him up. “Quick, get up!” he said, and the chains fell off Peter’s wrists. 8 Then
the angel said to him, “Put on your clothes and sandals.” And Peter did so. “Wrap your cloak around you
and follow me,” the angel told him. 9 Peter followed him out of the prison, but he had no idea that what
the angel was doing was really happening; he thought he was seeing a vision. 10 They passed the first and
second guards and came to the iron gate leading to the city. It opened for them by itself, and they went
through it. When they had walked the length of one street, suddenly the angel left him. 11 Then Peter
came to himself and said, “Now I know without a doubt that the Lord sent his angel and rescued me from
Herod’s clutches and from everything the Jewish people were anticipating.” 12 When this had dawned on
him, he went to the house of Mary the mother of John, also called Mark, where many people had gathered
and were praying. 13 Peter knocked at the outer entrance, and a servant girl named Rhoda came to answer
the door. 14 When she recognized Peter’s voice, she was so overjoyed she ran back without opening it and
exclaimed, “Peter is at the door!”15 “You’re out of your mind,” they told her. When she kept insisting that
it was so, they said, “It must be his angel.” 16 But Peter kept on knocking, and when they opened the door
and saw him, they were astonished. 17 Peter motioned with his hand for them to be quiet and described
how the Lord had brought him out of prison.”

DISCUSS & SHARE:

1. Describe the crisis that the church faced.

2. How did the church respond?

3. How did God answer their prayer? How did this build their faith?

4. How is your prayer life? What is your biggest obstacle to being a person of prayer?

- Articulating your thoughts?
- Knowing what to pray?
- Praying with someone else?
- Making time?

CHALLENGE: Use the ACTS prayer method every day in your devotional.

MEMORY VERSE: Philippians 4:6-7 (see Appendix A)

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SESSION 5: EVANGELISM

"For the Son of Man came to seek and to save what was lost." Luke 19:10

THE GOSPEL: Our responsibility is to share it

Matthew 4:19 :: "Come, follow me," Jesus said, "and I will make you fishers of men."

Acts 1:8 :: "But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth."

2 Corinthians 5:20 :: "We are therefore Christ's ambassadors, as though God were making his appeal through us. We implore you on Christ's behalf: Be reconciled to God."

Romans 10:13-15 :: 13 "Everyone who calls on the name of the Lord will be saved. 14 How, then, can they call on the one they have not believed in? And how can they believe in the one of whom they have not heard? And how can they hear without someone preaching to them? 15 And how can they preach unless they are sent? As it is written, 'How beautiful are the feet of those who bring good news!'"

GOSPEL COMPONENTS: 1. Sin 2. Christ's Work 3. Response

Romans 3:22-25 :: 22 "This righteousness from God comes through faith in Jesus Christ to all who believe. There is no difference, 23 for all have sinned and fall short of the glory of God, 24 and are justified freely by his grace through the redemption that came by Christ Jesus. 25 God presented him as a sacrifice of atonement, through faith in his blood."

- Isaiah 53:6 (**Sin**) :: "We all, like sheep, have gone astray, each of us has turned to his own way."

- Romans 5:8 (**Christ's Work**) :: "But God demonstrates his own love for us in this: while we were still sinners, Christ died for us."

- John 1:12 (**Response**) :: "Yet to all who received him, to those who believed in his name, he gave the right to become children of God."

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READ TOGETHER:

Luke 15:3-10 :: 3 “Then Jesus told them this parable: 4 “Suppose one of you has a hundred sheep
and loses one of them. Does he not leave the ninety-nine in the open country and go after the lost
sheep until he finds it? 5 And when he finds it, he joyfully puts it on his shoulders 6 and goes
home. Then he calls his friends and neighbors together and says, ‘Rejoice with me; I have found
my lost sheep.’ 7 I tell you that in the same way there will be more rejoicing in heaven over one
sinner who repents than over ninety-nine righteous persons who do not need to repent. 8 “Or
suppose a woman has ten silver coins and loses one. Does she not light a lamp, sweep the house
and search carefully until she finds it? 9 And when she finds it, she calls her friends and
neighbors together and says, ‘Rejoice with me; I have found my lost coin.’10 In the same way, I
tell you, there is rejoicing in the presence of the angels of God over one sinner who repents.”

DISCUSS & SHARE:

1. How is the heart of God revealed in the story of the shepherd and woman?

2. Jesus came to “seek and save that which is lost”. How is this modeled in the stories?

3. What happens in heaven when a lost person comes to Christ?

4. How do you feel about seeking and saving the lost?

5. Who is on your heart for heaven? Who is in your circle of influence that needs to hear the gospel?

CHALLENGE:

- Pray for a lost person in your sphere of influence regularly
- Practice sharing the gospel with a friend or your spouse
- Set up a time to share with the person who is on your heart

MEMORY VERSE: Romans 6:23 (see Appendix A)

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SESSION 6: OVERCOMING SIN

"But just as he who called you is holy, so be holy in all you do; for it is written: 'Be holy, because I am holy.'" I Peter 1:15-16

WE ARE CALLED: to be pure

I Thessalonians 4:4-5, 7 :: 4 "Each of you should learn to control his own body in a way that is holy and honorable, 5 not in passionate lust like the heathen, who do not know God... 7 For God did not call us to be impure, but to live a holy life."

Ephesians 4:22-24 :: 22 "You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; 23 To be made new in the attitude of your minds; 24 and to put on the new self, created to be like God in true righteousness and holiness."

WE ARE CALLED: to fight sin and temptation

I Corinthians 10:12-13 :: 12 "So, if you think you are standing firm, be careful that you don't fall! 13 No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it."

Matthew 5:29-30 :: 29 "If your right eye causes you to sin, gouge it out and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell. 30 And if your right hand causes you to sin, cut it off and throw it away. It is better for you to lose one part of your body than for your whole body to go into hell."

James 4:7 :: 7 "Submit yourselves, then, to God. Resist the devil, and he will flee from you."

WHEN WE FAIL: we have hope

I John 1:8 - 2:2 :: 8 "If we claim to be without sin, we deceive ourselves and the truth is not in us. 9 If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. 10 If we claim we have not sinned, we make him out to be a liar and his word has no place in our lives. 1 My dear children, I write this to you so that you will not sin. But if anybody does sin, we have one who speaks to the Father in our defense—Jesus Christ, the Righteous One. 2 He is the atoning sacrifice for our sins, and not only for ours but also for the sins of the whole world."

Psalm 103:10-12 :: 10 "He does not treat us as our sins deserve or repay us according to our iniquities. 11 For as high as the heavens are above the earth, so great is his love for those who fear him; 12 as far as the east is from the west, so far has he removed our transgressions from us."

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READ TOGETHER:

2 Samuel 11:1-5 :: 1 “In the spring, at the time when kings go off to war, David sent Joab out
with the king’s men and the whole Israelite army. They destroyed the Ammonites and besieged
Rabbah. But David remained in Jerusalem. 2 One evening David got up from his bed and walked
around on the roof of the palace. From the roof he saw a woman bathing. The woman was very
beautiful, 3 and David sent someone to find out about her. The man said, ‘Isn’t this Bathsheba,
the daughter of Eliam and the wife of Uriah the Hittite?’ 4 Then David sent messengers to get her.
She came to him, and he slept with her. (She had purified herself from her uncleanness.) Then
she went back home. 5 The woman conceived and sent word to David, saying, ‘I am pregnant.’”

DISCUSS & SHARE:

1. What can we learn about the process of sin and temptation from this passage?

2. What was the result of David’s sin?

3. How can you relate to this story?

4. What is a sin/temptation that is a struggle for you?

CHALLENGE:

• Keep a short account with God, confess quickly and often

• Seek accountability from another Christian friend

• Consider using the PULSE accountability tool for self evaluation (see Appendix F)

• Change your people, places, and activities to avoid temptation

MEMORY VERSE: 1 John 1:9 (see Appendix A)

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SESSION 7: ACCOUNTABILITY

"As iron sharpens iron, so one man sharpens another." Proverbs 27:17

ACCOUNTABILITY: the state of being responsible to someone or being responsible for some action.

God Intended: Life to Be Lived in the Context of Team

Genesis 2:18 :: "The LORD God said, 'It is not good for the man to be alone.'"
Ecclesiastes 4:9-12 :: 9 "Two are better than one, because they have a good return for their work: 10 If one falls down, his friend can help him up. But pity the man who falls and has no one to help him up! 11 Also, if two lie down together, they will keep warm. But how can one keep warm alone? 12 Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken."

- Living in isolation is not God's plan for us
- We need help
- We are stronger when we link arms with others

We Need: The Right Team around Us

Proverbs 13:20 :: "He who walks with the wise grows wise, but a companion of fools suffers harm."

Accountability: Requires Transparency

James 5:16 :: "Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous man is powerful and effective."
Galatians 6:1-2 :: "Brothers and sisters, if someone is caught in a sin, you who live by the Spirit should restore that person gently. But watch yourselves, or you also may be tempted. Carry each other's burdens, and in this way you will fulfill the law of Christ."

Accountability: Requires Openness to Input from Others

Proverbs 12:1 :: "Whoever loves discipline loves knowledge, but he who hates correction is stupid."
Ephesians 4:15 :: "Instead, we will speak the truth in love, growing in every way more and more like Christ, who is the head of his body, the church."

Accountability Forms: Two Types

1. ENCOURAGEMENT
Hebrew 10:24 :: "And let us consider how we may spur one another on toward love and good deeds."
1 Thessalonians 5:11 :: "Therefore encourage one another and build one another up, just as you are doing."
2. CORRECTION
Proverbs 27:6 :: "Wounds from a friend can be trusted, but an enemy multiplies kisses."
2 Timothy 3:16-17 :: "All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the servant of God may be thoroughly equipped for every good work."

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READ TOGETHER:

2 Samuel 12:1-13 :: (Nathan confronting David after he committed adultery and murder) 1 “The LORD sentNathan to David. .When he came to him, he said,’There were two men in a certain town, one rich and the other poor. 2 The rich man had a very large number of sheep and cattle, 3 but the poor man had nothing except one little ewe lamb he had bought. He raised it, and it grew up with him and his children. It shared his food, drank from his cup and even slept in his arms. It was like a daughter to him.’ 4 ‘Now a traveler came to the rich man, but the rich man refrained from taking one of his own sheep or cattle to prepare a meal for the traveler who had come to him. Instead, he took the ewe lamb that belonged to the poor man and prepared it for the one who had come to him.’ 5 David burned with anger against the man and said to Nathan, ‘As surely as the LORD lives, the man who did this deserves to die! 6 He must pay for that lamb four times over, because he did such a thing and had no pity.’ 7 Then Nathan said to David, You are the man! This is what the LORD, the God of Israel, says: ‘I anointed you king over Israel, and I delivered you from the hand of Saul. 8 I gave your master’s house to you, and your master’s wives into your arms. I gave you the house of Israel and Judah. And if all this had been too little, I would have given you even more. 9 Why did you despise the word of the LORD by doing what is evil in his eyes? You struck down Uriah the Hittite with the sword and took his wife to be your own. You killed him with the sword of the Ammonites. 10 Now, therefore, the sword will never depart from your house, because you despised me and took the wife of Uriah the Hittite to be your own.’ 11 This is what the LORD says: ‘Out of your own household I am going to bring calamity upon you. Before your very eyes I will take your wives and give them to one who is close to you, and he will lie with your wives in broad daylight. 12 You did it in secret, but I will do this thing in broad daylight before all Israel.’ 13 Then David said to Nathan, ‘I have sinned against the LORD.’”

DISCUSS & SHARE:

1. What emotions do you think Nathan felt about his involvement in this situation?

2. What did the confrontation require of Nathan?

3. What do you think about David’s response?

4. “You are that man!”These are words we hope to never hear, but in order for that to be true, we must open ourselves up to receive accountability from others. How could David have avoided his sin?

5. Which of the following is the hardest for you?
   - Being transparent about struggles
   - Being open to input from others
   - Confessing sin to others
   - Encouraging others
   - Confronting others

CHALLENGE: Use the PULSE accountability tool (Appendix F) for self evaluation, and share with a Christian friend for spiritual accountability.

MEMORY VERSE: Proverbs 27:17 (see Appendix A)

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SESSION 8: MULTIPLICATION

It is not enough to share the gospel, though this is important; nor is it sufficient to build up newborn babes in the faith, although this too is necessary. What really accounts for the ultimate impact of our ministry is the faithfulness of our disciples to build men who will reproduce their life in others.

MULTIPLICATION > Making Disciple Makers

THE COMMAND: Jesus commanded us to make disciples

Matthew 28:19-20 :: 19 "Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, 20 and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age."

THE NEED: Few believers take responsibility for disciple making

Luke 10:2 :: "The harvest is plentiful, but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into his harvest field."

THE CALL: All of us are called to reproduce reproducers

2 Timothy 2:1-2 :: "You then, my son, be strong in the grace that is in Christ Jesus. And the things you have heard me say in the presence of many witnesses entrust to reliable men who will also be qualified to teach others."

THE PROCESS: Not a class, but a lifestyle

I Thessalonians 2:8 :: "We loved you so much that we were delighted to share with you not only the gospel of God but our lives as well, because you had become so dear to us."

THE PEOPLE: Selecting the person to invest our lives

Invest in a **F.A.T.** disciple:

F aithful

A vailable

T eachable

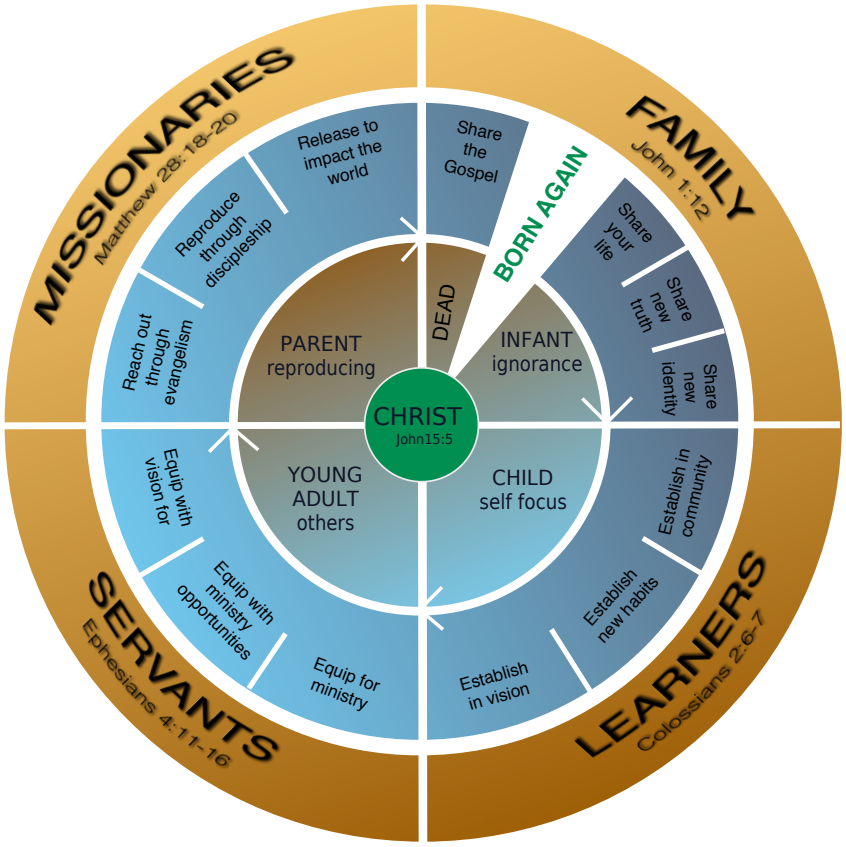
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READ TOGETHER:

2 Timothy 2:1-2 :: "You then, my son, be strong in the grace that is in Christ Jesus. And the things you have heard me say in the presence of many witnesses entrust to reliable men who will also be qualified to teach others."

DISCUSS & SHARE:

1. Summarize the strategy for multiplication as explained in 2 Timothy 2:1-2. (Use the Discipleship Wheel to illustrate)



2. What will it take for you to do this?

3. What is the most intimidating part of making disciples?

4. What is the cost of reproducing ourselves in the life of another?

5. Describe the type of person that we should be looking to disciple:

f _____ a _____ t _____ !

6. Who fits this description in your sphere of influence?

MEMORY VERSE: 2 Timothy 2:1-2 (see Appendix A)

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APPENDIX A MEMORY VERSES

WEEK ONE - Colossians 2:6-7

So then, just as you received Christ Jesus as Lord, continue to live your lives in Him, rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness.

WEEK TWO - Psalm 119:9

How can a young person stay on the path of purity? By living according to your word.

WEEK THREE - John 15:4-5

Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me. I am the vine; you are the branches. If you remain in me and I in you, you will; bear much fruit; apart from me you can do nothing.

WEEK FOUR - Philippians 4:6-7

Do not be anxious about anything,
but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understand- ing, will guard your hearts and your minds in Christ Jesus.

WEEK FIVE - Romans 6:23

For the wages of sin is death, but the gift of God is eternal life in Christ Jesus, our Lord.

WEEK SIX - 1 John 1:9

If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.

WEEK SEVEN - Proverbs 27:17

As iron sharpens iron, so one person sharpens another.

WEEK EIGHT - 2 Timothy 2:1-2

You then, my son, be strong in the grace that is in Christ Jesus. And the things you have heard me say in the presence of many witnesses entrust to reliable people who will also be qualified to teach others.

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APPENDIX B 31 DAY CHALLENGE

DAILY GUIDE

This Daily Guide format (steps 1-5) provides a basic layout that can be used with any scripture passage, not just those listed on the next page.

1. WRITE IN A NOTEBOOK

• Day: Date: Scripture:

2. KEY THOUGHT

• Read the passage for the day a couple of times.

• Pray for insight as you meditate on what the passage says.

• In one or two sentences write out the key thought of the passage or how God spoke to you.

3. KEY VERSE

• Write out word for word the Key Verse of the passage in which God spoke to you (include the scripture reference).

4. KEY APPLICATION

• In one or two sentences write out a Key Application: What you will do differently in your life because of the passage?

• Write out how you are going to take action with what God has shown you.

5. PRAYER

• Pray that during the day through the power of the Holy Spirit you will apply these principles from God's Word to your life.

• Try using the ACTS prayer method (Session 4).

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APPENDIX B 31 DAY CHALLENGE

31 DAILY READING PASSAGES

❍1. Philippians 4:6-7

❍2. Psalm 19:7-14

❍3. Joshua 1:8-9

❍4. Romans 12:1-2

❍5. Psalm 119:9-11

❍6. Matthew 7:24-27

❍7. Ephesians 5:3-5

❍8. 1 John 5:3-5

❍9. Psalm 63:6-8

❍10. Galatians 2:20-21

❍11. Colossians 1:9-13

❍12. Psalm 37:3-5

❍13. Isaiah 40:28-31

❍14. James 1:2-8

❍15. 2 Corinthians 5:14-17

❍16. 2 Timothy 2:1-4

❍17. Hebrews 12:1-3

❍18. John 14:12-15

❍19. Jeremiah 1:4-8

❍20. Acts 4:24-31

❍21. Philippians 3:7-11

❍22. Matthew 6:31-33

❍23. Proverbs 3:5-7

❍24. 2 Peter 1:4-8

❍25. 2 Corinthians 12:8-10

❍26. I Thessalonians 4:1-8

❍27. Romans 12:9-14

❍28. Titus 2:11-14

❍29. Ephesians 6:13-20

❍30. 1 Samuel 15:22-23

❍31. 1 John 2:11-17

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APPENDIX C STUDY IDEAS

Below is a listing of suggestions for going further in reading and studying God's Word daily after completing the 31 Day Challenge.

FOUR QUESTIONS (TO ASK WHEN YOU STUDY A SCRIPTURE PASSAGE)

1. What does the Bible say in this passage? (Observation)
2. What does it mean? What are the key words? (Interpretation)
3. How should I apply it to my life? (Application)
4. How can I explain or share it with others? (Communication)

365 KEY BIBLE CHAPTERS (BIBLE OVERVIEW)

• Obtain a year of daily readings from 365 Key Bible Chapters: http://connect.fbcnwa.org/Resources/365KeyChaptersJanDec.pdf

GETTING STARTED WITH THE NEW TESTAMENT

- Gospel of John – compelling account of the life of Jesus
- Acts – exciting overview of the early church
- Philippians – example of Paul's epistles
- James – practical teachings for all Christians
- Read the New Testament using the 5x5x5 Plan: www.navpress.com/uploadedFiles/5x5x5_BRP.pdf

GETTING STARTED WITH THE OLD TESTAMENT

- Genesis – the book of beginnings
- Exodus – stories of God's faithfulness to His people
- Jonah – a reluctant prophet
- Psalms – praises, prayers, blessings of God
- Proverbs – short teachings on wisdom

SUGGESTIONS FOR READING THE ENTIRE BIBLE

- Obtain a Bible reading plan online, in mobile app, or a printed Bible designed to help with this purpose (usually in one year)
- Some plans include a mixture of Old and New Testament readings each day, while others work through the scriptures either in book order or chronological order

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APPENDIX D THE BRIDGE

THE BRIDGE ILLUSTRATION

The Bridge Illustration (below) has been used by Christians for many years to explain the Gospel in a visual manner. It is one of many effective tools which integrates key passages from the Bible in explaining core concepts of sin, Christ's work, and response.

Some people use only one verse initially – Romans 6:23 – to summarize the Gospel with the Bridge. Others prefer to use a set of verses (see listing below the chart) to provide a more detailed explanation of each part of the bridge.

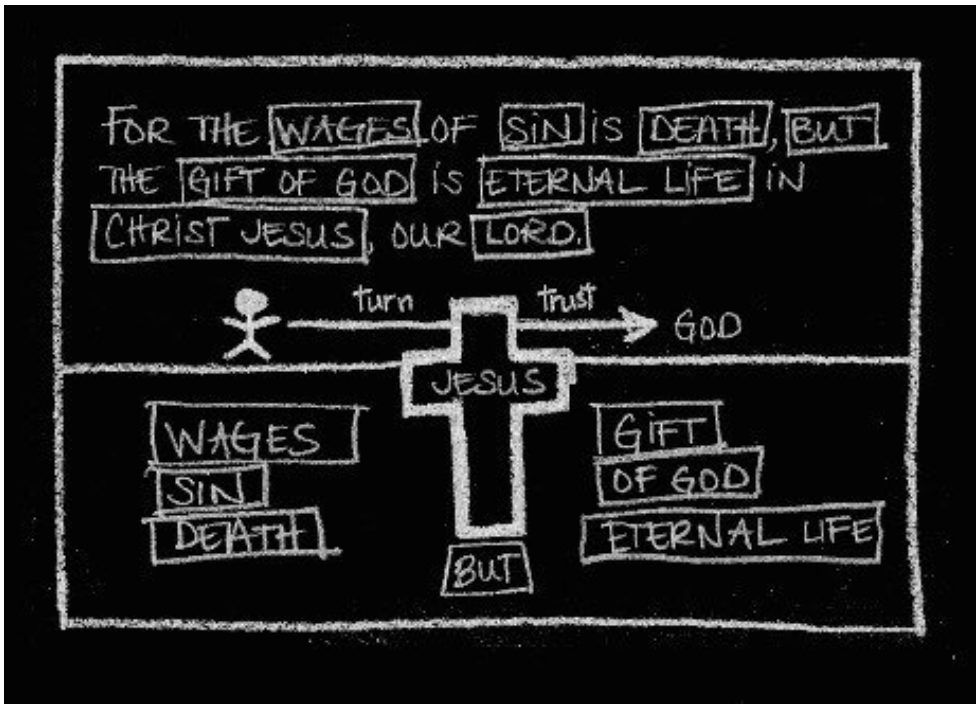
ONE VERSE BRIDGE ILLUSTRATION: Sharing your faith

Romans 6:23 :: For the wages of sin is death, but the gift of God is eternal life in Christ Jesus, our Lord.

ADDITIONAL BRIDGE VERSES:

GOD'S PLAN = LIFE: John 3:16, John 10:10
MAN'S PROBLEM = SIN: Romans 3:23, Romans 6:23, Hebrews 9:27 GOD'S SOLUTION = JESUS: Romans 5:8, 1 Peter 3:18
MAN'S RESPONSE = BELIEVE: John 1:12, John 5:24, Ephesians 2:8-9

LEARN MORE ABOUT EXPLAINING THE BRIDGE ONLINE (NAVIGATORS) http://2-7series.com/getattachment/40d7f112-4dd8-4464-93eb-e9e14f9584c7/



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APPENDIX E YOUR STORY

"For I am not ashamed of the gospel, for it is the power of God for salvation to everyone who believes, to the Jew first and also to the Greek." Romans 1:16

It is natural to want to share with others about the life change that happens when Jesus Christ becomes your Savior and Lord. Paul's testimony in Acts 26 is a biblical model we can follow in writing our own personal stories:

1. INTRODUCE YOURSELF (Acts 26:2-3)

2. YOUR LIFE BEFORE CHRIST (Acts 26:4-11)

3. HOW YOU BECAME A CHRISTIAN (Acts 26:12-20)

4. WHAT IT MEANS TO BE A CHRISTIAN (Acts 26:21-23)

- God's plan of salvation in your own words

5. ALLOW OTHERS TO CHOOSE CHRIST (Acts 26:24-29)

- 16:15 :: "And he said to them, "Go into all the world and proclaim the gospel to the whole creation."
- Acts 1:8 :: "You will be my witnesses in Jerusalem and in all Judea and Samaria, and to the end of the earth."
- Ephesians 2:10 :: "For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them."
- Peter 3:15 :: "But in your hearts honor Christ the Lord as holy, always being prepared to make a defense to anyone who asks you for a reason for the hope that is in you; yet do it with gentleness and respect. . ."

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APPENDIX F PULSE TOOL

The PULSE Check chart (below) was created by a church member at Fellowship as a way for christians in accountability teams or small groups to share how they are doing spiritually.

The 3 shaded color zones indicate three basic levels of spiritual status during the past week, month or whatever time period chosen. The five accountability areas are abbreviated with the letters, P U L S E.

PULSE ✓

	P	U	L	S	E
GOD & YOU ARE HAPPY					
NOBOBY IS HAPPY					
SATAN IS HAPPY					
	Prayer Life Quiet Time Bible Study Are you starting your day off right?	**You!** Transparency Are you being you? Same at work as at church? Is visible you and real you consistent?	**Love!** Wife, kids, and family? How are your relationships? Leading time? Stress? Encouraging? Spiritual warfare?	**Stronghold!** How are you doing in that place that you are most likely to be attacked? The high risk area of temptation	**Experiencing God** Where has He showed up lately in your life? Have you been too busy to look for Him? Are you making Him known?

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